

Kwey all Kitigan Zibi Community Members!

Band Council invites you to the

AWAZIBI SPRING BREAKFAST



Sunday - May 10, 2026

7:00AM to 12:00PM

At the KZ School Gym

**GIFT OF 1 BOTTLE OF AWAZIBI SYRUP PER FAMILY,
WHILE QUANTITIES LAST**

COST FOR NON-COMMUNITY MEMBERS IS \$20.00 PER PERSON





KITIGAN ZIBI ANISHINABEG

P.O. Box 309, Maniwaki, QC J9E 3C9 Tel: (819) 449-5170 Fax: (819) 449-5673

We are excited to announce that our website now offers a community sign-up portal!

By creating an account, you'll get access to the Members Portal where you can find Community members only documents.

How to sign up?

1: Go to www.kitiganzibi.ca and click on **Member's Login** in the top right corner.



2: Click on **Sign Up**

3: Enter All your information and click on **Register**

Don't have an account? [Sign Up](#)

[Back to Login](#)

After you register keep in mind that it does take time to process all the requests, you will receive an email once your account is activated.



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Public Works Department



Dear Community Members,

It is that time of year! Large Garbage Pick-up is here! KZA Public Works will be passing from May 4, 2026, through to May 15, 2026.

Please ensure that your items are sorted and at the road by the starting date. If you do not have your items out by the time we pass, **WE WILL NOT GO BACK.** You will be responsible to dispose of your large garbage items yourself after we pass.

TO RECYCABLE COLLECTORS: Please do not disorganize the separated piles.

Here are the sort piles you should use:

Wood – TV's/electronics – Tires – Metal – Construction materials – All other items



We appreciate your cooperation
KZA Public Works





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PUBLIC WORKS

WATER AND SEWER OPERATIONS AND MAINTENANCE

Be advised that Public Works will be performing routine flushing for the public water lines during the first few weeks of June. There will be some discoloration in the water but not to worry, remove your tap screens and run the water for a few minutes, the water will resume to its normal color. Once the water returns to its normal color it is safe to drink and there is no need for any water boil advisory.

As well, please be aware of the workers that are on the road. Use caution while passing.

If you have any questions or concerns, call Public Works 819-449-3734





Kà-Nàgadawenindamodjig Aki, Nibì ashidj Awesìnzag
Land, Water and Animals Advisory Committee
313 Fafard St. Maniwaki Quebec, J9E-3B1
819-449-5170 ext: 1850

MESSAGE FROM LAND, WATER AND ANIMALS ADVISORY COMMITTEE

As the spring season begins, lakes and rivers are thawing, and certain fish species are making their way to spawning grounds.

The Land, Water and Animals Advisory Committee would like to remind everyone to be mindful when heading out to fish.

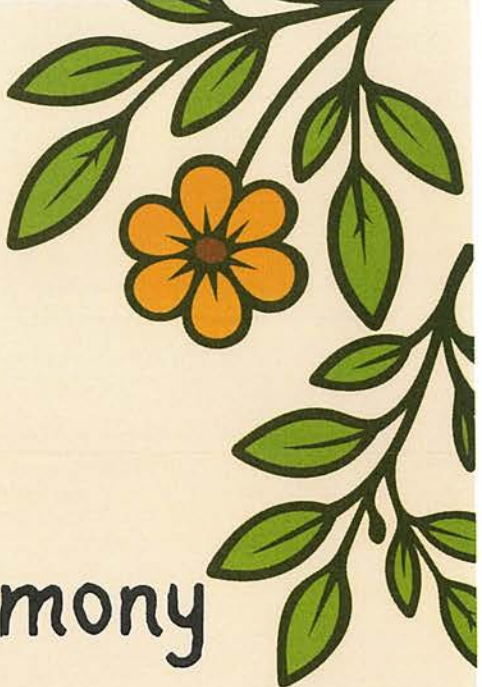

When using fishnets, please set them away from spawning pools to support healthy fish populations.

If you feel you have overfished or have caught more than expected in your fishnet, we encourage you to donate what you can.

We also have local artisans who use fish bones and scales in their artwork. Donations of these materials would be appreciated.

To help prevent the spread of invasive species, please wash your boats and trailers before entering and after leaving lakes and rivers.

Thank you in advance for your cooperation and understanding.



Kitigan Zibi
Anishinabeg
Walking Out Ceremony
2026

Saturday, May 30th, 2026

Time: 10:00 am

Location: Teepee at the KZ School Soccer Field

Conducted by:

Kokom Shirley Tolley and Kokom Jenny Tenasco

Oshkabewis (Helper):

Mariah Smith Chabot

Special Guest:

Robin Echquan (Attikamekw Nation)



*****ATTENTION*****

The Powwow committee are kindly asking; to refrain from setting up canopies, popups or tents before 6:00 PM on Friday May 29, 2026.

This is to give KZ labour team time to finish setting up the arbour, shaded seating for seniors, and it is also to give food and craft vendors the space for their vehicles to unload their food or crafts for their booths.

Kichi Migwech

Powwow committee

Fifty/fifty Draw

The Powwow

Committee are now selling ½ & ½ tickets.

The draw will be on Sunday, May 31st, 2026

at 5:00 pm at the powwow.

1 ticket is \$5.00

or

3 for \$10.00

Tickets are being sold by Powwow committee members and volunteers.

For further information, you can contact Mariette Buckshot, powwow coordinator at:

819-334-0495

kzpowwow@gmail.com

Kitigan Zibi Annual Traditional Powwow

The Pow Wow Committee requests your generous donations of wild meats, fish, and other foods for our Feast.

Please contact Mariette Buckshot at 819-334-0495 or Kzpowwow@gmail.com

We are also looking for volunteers in the areas of:

- **Parking**
- **Security**
- **Handing out tobacco at the eastern door for the grand entry**
- **Registrations of dancers & drummers**
- **Servers for the community feast and to hand out lunches.**
- **Various other duties**

For further information, feel free to contact Mariette Buckshot at 819-334-0495 or Robin Cayer at 819-425-4623.

Le Comité pow-wow demande vos généreux dons de viandes sauvages, de poisson et d'autres aliments pour notre fête.

Veillez communiquer Mariette Buckshot a 819-334-0495 ou Kzpowwow@gmail.com

Nous sommes également à la recherche de bénévoles dans les domaines suivants :

- **Stationnement**
- **Sécurité**
- **Distribuer du tabac à la porte est pour la grande entrée**
- **Enregistrements des danseurs et des batteurs**
- **Des serveurs pour le festin communautaire et pour distribuer des déjeuners.**
- **Diverses autre fonctions**

Pour de plus amples renseignements, n'hésitez pas à communiquer avec Mariette Buckshot at 819-334-0495, ou Robin Cayer au 819-425-4623



NOTICE TO MEMBERS OF THE OPIOID CLASS ACTION

(Quebec Superior Court file No. 500-06-001004-197)

Quebec Opioid Class Action

On April 10, 2024, the Superior Court of Quebec (the “**Court**”) authorized the class action (the “**Judgment**”) instituted against pharmaceutical companies who manufactured or sold prescription opioids in Québec since 1996 (the “**Defendants**”).

For more information, please see the full Notice to Members (see link below).

Distribution of Compensation to Class Members

On December 22, 2025 (rectified on January 12, 2026), the Court approved settlement agreements entered into between the representative Plaintiff and some of the Defendants, appointed a Claims Administrator and also approved the Distribution Protocol. As a result, Class Members who have valid claims (see link below) are entitled to receive compensation (i.e., a sum of money to compensate those suffering from opioid use disorder (“**OUD**”). The amount that is available for distribution is over \$20 million.

To prove your eligibility for compensation, you will need to provide to the Claims Administrator: (1) proof that, as a Quebec resident, you consumed one of the eligible opioids prescribed by a doctor (identified in Schedule C-1 to the Claim Form), and (2) proof that you received a diagnosis of OUD or treatment for OUD. Your claim **will remain confidential**, and Defendants will not be able to contest it.

You do not need a lawyer to file a claim. If necessary, Class Counsel can assist you.

Procedure to file claim

You have to fill out a claim form and provide the required documents to the Administrator **by July 31, 2026**.

For more information

For more information about your rights as a Class Member, the claim form to fill out, and/or the list of eligible opioids for the claims process, you can visit the Claims Administrator’s (MNP) website (www.mnp.ca/quebec-opioids-class-action) or contact them:



The lawyers responsible for conducting the class action on behalf of all Class Members are:

Fishman Flanz Meland Paquin LLP

www.ffmp.ca

(514) 932-4100

Trudel Johnston & Lespérance

www.tjl.quebec

(514) 871-8800

COMPENSATION FINANCIÈRE – OPIOÏDES SUR ORDONNANCE

Vous pourriez recevoir de l'argent

Vous devez soumettre votre réclamation avant le 31 juillet 2026

Des ententes de règlement ont été approuvées par un tribunal du Québec dans le cadre d'une action collective.

L'argent est pour les personnes qui :

- ont pris des opioïdes avec une prescription (ordonnance) au Québec; ET
- ont eu un diagnostic, ou un traitement, pour un trouble lié à l'usage des opioïdes.

Si c'est votre situation, vous pourriez avoir droit à une indemnité. Les héritiers peuvent aussi réclamer.

Les cabinets d'avocats Trudel Johnston & Lespérance (1-844-588-8385 – ligne sans frais) et Fishman Flanz Meland Paquin s.e.n.c.r.l. (514-932-4100) peuvent vous aider gratuitement à soumettre une réclamation.

L'argent que vous pourriez recevoir n'est pas imposable, ne fait pas perdre l'aide sociale et ne change pas vos autres prestations. **RECEVOIR CET ARGENT NE VOUS ENLÈVE RIEN.**

Toute l'information sur l'action collective et la procédure de réclamation est disponible à:
www.MNP.ca/fr/QCopioide

Besoin d'aide immédiate pour réclamer? Appelez MNP (l'administrateur des réclamations) sans frais au 1-844-285-6678.

FINANCIAL COMPENSATION – PRESCRIPTION OPIOIDS

You could receive money

You must submit your claim by July 31st, 2026

Settlements in a class action lawsuit have been approved by a court in Quebec.

This money is for people who:

- took prescription opioids in Quebec; AND
- were diagnosed with, or treated for, opioid use disorder (or opioid addiction).

If this applies to you, you may be entitled to compensation. Heirs can also make a claim.

The law firms Trudel Johnston & Lespérance (1-844-588-8385 – toll-free line) and Fishman Flanz Meland Paquin LLP (514-932-4100) can help you file a claim for free.

The money you may receive is not taxable and will not affect your rights to receive social assistance benefits or any of your other benefits. **YOU WILL NOT LOSE ANY RIGHTS IF YOU RECEIVE THIS MONEY.**

Information about the class action and claims process is available at: www.MNP.ca/QC opioid

Need help now to claim? Call MNP (the claims administrator) toll-free at 1-844-285-6678.



JOB OPPORTUNITY

Open until filled

May 6, 2026

POSITION:	Community Health Nurse
LOCATION:	Kitigan Zibi Health and Social Services
WORK SCHEDULE:	35 hours a week
TERM:	Indeterminate – Full Time (6-month probationary period)
SALARY:	Level 7 (range based on experience)
DUE DATE:	Open until filled

Under the supervision of the Nurse in Charge, the Community Health Nurse provides comprehensive and culturally appropriate nursing care for eligible clientele, which is comprised of health assessments/intervention, community based public health promotion/education and referrals; provided in connection with family support/involvement and through various community resources/partnerships.

PREAMBLE

If you are interested in applying for this position and can demonstrate that you meet the mandatory basic requirements, please forward your: **cover letter, updated resume, copy of your degrees and/or diplomas/certificates, three (3) work references** and any documentation that will support you meet the mandatory qualifications. A police reference check will be required if considered for the position.

Please provide your job application package to the attention of Myra Dumont, Human Resources Advisor, at the Human Resources Department.

Contact information:

Email: Myra.Dumont@kza.qc.ca or hr.advisor@kza.qc.ca

Phone: 819-315-0667 ext. 1601

Location: Human Resources Department – 315 Fafard Street, Maniwaki QC, J9E 3B4

Only persons meeting the mandatory requirements will be considered for an interview. Failure to provide all the necessary documentation before the deadline will be considered an incomplete application. Preference will be given to Kitigan Zibi Anishinabeg Band members in accordance with the Kitigan Zibi Anishinabeg's Preferential Hiring Policy. Applicants must possess the basic requirements at the time of the deadline.



KITIGAN ZIBI HEALTH & SOCIAL SERVICES

Community Health Nurse Job Description

GENERAL INFORMATION

Job Title : Community Health Nurse
Category : Professional
Sector : Kitigan Zibi Health & Social Services
Location : Kitigan Zibi Health Center or as designated by Director
8 Kikinamage Mikan, Maniwaki Quebec
Terms : Full Time–Indeterminate
Hours : 35 hours per week
Salary : KZA Salary Scale Level 7
in accordance with the *KZA Human Resource Policy*
Immediate Supervisor : Nurse Team Leader
Date of Job Description : August 2024

KZHSS MISSION STATEMENT

Kitigan Zibi Health and Social Services offer a safe, equitable, and quality current service practice with qualified community professionals to encourage Kitigan Zibi Anishinabeg community members to take charge of their own health.

CLIENT SERVICE RESULTS

With the functional support, guidance and supervision provided by the Nurse Team Leader, the Community Health Nurse carries out a Community Health service as outlined by the Community Health Program Policies and Procedures for KZHSS. The Community Health Nurse provides comprehensive and culturally appropriate nursing care for eligible clientele, which is comprised of health assessments/intervention, community based public health promotion/education and referrals; provided in connection with family support/involvement and through various community resources/partnerships.

KEY DUTIES

The nursing practice within Kitigan Zibi is delivered within the Nursing Framework for Practice within Law 90 and *l'Ordre des Infirmiers et Infirmieres du Quebec* (Nurses Code of Ethics), 17 reserved activities for nurses.

Service Responsibilities:

Under the direction, guidance and supervision provided by the Nurse Team Leader, the Community Health Nurse is responsible for:

- a. planning and delivering community health programs, taking into account the physical, social, spiritual, mental and environmental factors which influence each individual, family and community;
- b. delivering an immunization program in accordance to the Protocol Immunization Quebec and the KZHSS Immunization Policy and Procedures. Also, ensuring to

maintain a communicable disease-reporting program in collaboration with Nurse Team Leader;

- c. delivering the following community health programs in accordance with the KZHSS Community Health Service Policy and Procedure Manual (Preconception Health, Prenatal Health, Maternal Newborn, Infant and Preschool, School Health, and Community Health Services);
- d. delivering community health services in group or individual settings such as the community health facility, the community hall, the community schools, home visits and/or other designated community sites;
- e. developing and maintaining positive relationships with the individuals, families, the KZHSS staff and the leaders of the community and clarifying KZHSS Service policies and professional requirements when required;
- f. supporting the KZHSS in the development of safe efficient health facilities/operations; and,
- g. meeting with or communicating via telephone with physicians, other nurses, nurse practitioners, optometrists, dentists, other health staff, and hospital authorities or other agencies involved in the care of KZA's community members on a regular basis and as required.

Jointly, with the Health Team, and in accordance to the terms and conditions of any protocols developed, the Community Health Nurse is responsible for:

- h. developing an annual community work plan based on the organizational strategic plan and reviewing and reporting on its progress annually; and,
- i. participating in the ongoing quality assurance process.

Community Health Programs

A) Preconception Health Services :

- a. establishing liaison between the program and school staff;
- b. providing service to all child bearing adults;
- c. providing an annual standardized preconception health curriculum to KZES as per KZHSS Community Health Service Policy and Procedures; and,
- d. with a prescriber's license, offer smoking cessation program to all child bearing adults. Offering Contraception to those who are eligible.

B) Prenatal Health Services

- a. providing extra support to pre-natal individuals considered "at risk" (as identified by the Prenatal Screening Form) and ensuring regular exams by their physician and/or Midwife are received;
- b. providing monthly prenatal screening and assessment clinics;
- c. conducting an in-depth family assessment on any "at risk" prenatal clients, their support and family; collaborating with other teams within KZHSS for support;
- d. providing a standardized prenatal class to all child bearing individuals of any age who are pregnant;
- e. provision of the Nutrition Voucher Incentive Program to those who are eligible; and,
- f. contraception, Smoking Cessation program with prescriber's license.
- g.

C) Maternal and Newborn Health Services

- a. receiving a referral from CISSSO/Ontario/ other health facilities on all birthing persons and their newborns post discharge;
- b. working in collaboration with local midwife for postnatal follow-ups;
- c. providing post-natal information and consultations to parents;
- d. providing extra support to newborns considered "at risk" and ensuring they receive regular exams by their physicians, and/or, midwives;
- e. performing overall newborn health assessments based on the maternal/newborn risk assessment;
- f. providing health education and information to individuals and groups on subjects pertaining to child safety, child care, nutrition, breast/chest feeding, parenting, family planning, appropriate regular clinics, group sessions and/or making home visits as required;
- g. delivering an immunization program to ensure all newborns and infants are immunized as required where applicable;
- h. conducting follow up assessments using the ABCDaire Screening Tool and making referrals as necessary;
- i. provision of the ABCDaire Growth & Development and Nutrition Voucher Incentive Program; and,
- j. contraception, Smoking Cessation program with prescriber's license.

D) Infant and Pre-School Health Services

- a. participating in pre-school health screening clinics using approved Developmental Screening Tools (ABCDaire);
- b. conducting necessary screening for preschoolers (e.g. vision, hearing, and any others considered necessary) and completing initial health assessments when required;
- c. delivering an immunization program to ensure all preschoolers are adequately immunized;
- d. providing health education and information to parents regarding their child's health status; where appropriate;
- e. conducting follow up and referring internally to other service providers within KZHSS, and/or external service providers as needed; and,
- f. provision of the ABCdaire Growth & Development and Nutrition Voucher Incentive Program.

E) School Health Services

- a. Establishing liaison and conducting an annual teacher/staff in-service for communicable and infectious disease management and control;
- b. Conducting necessary screening for students (e.g. vision, hearing, and any others considered necessary) and performing health assessments when required;
- c. Monitoring the immunization status of all students attending the on-site community school; providing immunizations in school for eligible classes following the PIQ guidelines.
- d. Providing health education and information to the parents regarding their child's health status;
- e. Obtaining health history, making referrals internally to visiting health professionals (family doctor, GMF nurse, therapist) and external when necessary with consent of parent.
- f. Providing health teachings such as: nutrition, chronic conditions, sex education, etc.
- g. Contraception, Smoking Cessation program with prescriber's license.

F) Community Health Services

- a. provide health screening clinics to assist in identifying chronic diseases; provides teachings on preventing chronic health conditions;
- b. provide health education for chronic disease management to individuals or groups;
- c. assessing physical and social needs of chronically ill adults; following up, monitoring and making necessary referrals when required;
- d. coordinating and delivering routine immunization clinics as per KZHSS Community Health Services Immunization Program, PIQ Immunization Guidelines & Provincial Standards;
- e. ensuring the provision of a TB control program, utilizing First Nations and Inuit Health Branch (FNIHB) and KZHSS protocol to implement regular Tuberculin Skin Testing; liaising with physicians and completing recommended follow up;
- f. provides urgent and non-urgent essential primary health care services (e.g. minor procedures such as prescribed injections, suture removal with prescription, minor wound care);
- g. advocates for client needs and facilitates access to other health services by establishing linkages with appropriate service providers; referrals to appropriate care beyond the scope of nursing practice, assistance with obtaining health records from other service providers;
- h. treatment centre referrals in collaboration with NNADAP program;
- i. referring to foot care services when applicable;
- j. assisting with community health education displays monthly;
- k. assisting with community health promotion and prevention activities; and,
- l. monitors immunization storage, maintenance and ensures proper precautions and protocols are followed to avoid vaccine cold chain break (e.g. records fridge temperature twice daily).
- m. Assists with the bloodwork clinic

Other Responsibilities

Under the direction of the Nurse Team Leader, the Community Health Nurse is responsible for:

- a. reporting to the Nurse Team Leader on all matters pertaining to the Community Health programs;
- b. completing and submitting weekly, monthly, quarterly and annual statistics, correspondence and reports; preparing and submitting immunization statistical data. Completing all communicable disease reports and ensuring all data is submitted to Nurse Team Leader;
- c. completing and submitting an annual community prioritized work plan according to approved format; participating in the annual review and update;
- d. maintaining complete, accurate, and timely charting using the electronic health record system (Medesync);
- e. ensuring safekeeping of over the counter medications, supplies and vaccines;
- f. participating in community health meetings when necessary;
- g. participating in professional meetings, conferences, seminars, and reviewing professional literature for continuing development;
- h. providing Community Health Educational In-services to KZHSS employees, Community Health Service Workers;
- i. reporting on material learned at training seminars attended;
- j. meeting and planning as a team player with KZHSS team members; and,

- k. providing guidance, field experience and supervision of student from nursing faculties when required.

Organizational Responsibilities

As a representative of KZHSS, the Employee is responsible for:

- a. reflecting and interpreting the KZHSS Vision, Mission and Core Values in his/her own work with enthusiasm and commitment;
- b. acting in accordance with relevant legislation and Policies, Standards and Procedures;
- c. proposing changes within KZHSS that would improve the quality of service to Anishinabe children, families and community;
- d. developing and maintaining respectful, cooperative working relationships to contribute to the integrated, seamless delivery of services to Anishinabe children, families and communities;
- e. understanding their role and responsibility in maintaining a safe workplace and reducing workplace injuries;
- f. applying Anishinabe culture, values, traditions and teachings into programming where possible;
- g. ensuring accuracy, confidentiality and safekeeping of agency records; and,
- h. participating in annual Performance appraisals.

ACCOUNTABILITY

The Community Health Nurse is accountable:

- a. for following the Medical Directives set out by KZHSS and CISSSO collaboration;
- b. for following all policies, standards and procedures set out by KZHSS & KZA; and,
- c. for maintaining relevant nursing knowledge, skills and leadership competence through continuing education

To the professional governing bodies (Ordres des infirmieres et infirmiers du Quebec).

KNOWLEDGE AND SKILLS

- Theories, principles, and practices of current effective Nursing techniques (e.g. administering vaccines), case management, medication management, infection prevention & control, and adherence to all components of the nursing framework for practice within KZHSS.
- Knowledge of provincial communicable disease prevention and management protocols (e.g. P.I.Q - *Protocole d'immunisation du Quebec*) and database reporting systems; (e.g. SI-PMI - *systeme d'information en protection des maladies infectueuses*).
- Effective interpersonal communications skills, ability to build rapport with others.
- Ability to be honest, non-judgmental, and non-intrusive, and to work as a team.
- Ability to maintain professionalism, discretion and confidentiality at all times.
- Able to uphold and promote KZHSS values, philosophy, ethics and integrity.
- Knowledge of relevant Occupational Health and Safety standards and Accreditation Canada standards.
- Knowledge of all relevant KZA/KZHSS policies: KZA Code of Ethics, KZHSS Code of Professional Ethics, KZHSS Policies and Procedures Manual, KZA Human Resources Manual.
- Knowledge of governing provincial and federal legislative, regulatory and policy requirements specific to the delivery of Health and Nursing programs in the province of Quebec, including but not limited to Privacy Laws, the Nurses Act, Law 90, An Act

to Amend the Professional Code, as well as standards, guidelines, and policy positions of the Ordre des Infirmiers et Infirmières du Québec (e.g. Nurses Code of Ethics).

CONTACTS

- Maintains positive relationships with clients in providing community health nursing program and service delivery through family-centered practice.
- Maintains effective working relationships with local health providers and community agencies to make referrals.
- Collaborates with co-workers, and other community front line workers by participating in multidisciplinary initiatives such as the development of community strategic documents (e.g. pandemic/emergency preparedness plan).
- Networks with external/internal partners to provide evidence-based services and activities for community mobilization; collaborates with the Public Health Protection, First Nations and Inuit Health Branch (FNIHB), Public Health Agency of Canada (PHAC), le Centre intégré de santé et de services sociaux de l'Outaouais (CISSSO) and other regional health care agencies in delivery of usual and emergency programs (e.g. pandemic response planning, mass immunizations, Communicable Disease Control and Management).
- Advocates for clients and coordinates referral to appropriate provincial secondary and tertiary levels of care such healthcare providers /institutions and therapeutic services (e.g. psychologist), and internal/external health, social, and education programs.
- Liaises and networks with local service providers. (e.g. Maniwaki Hospital/CLSC, institutions, educational facilities, government agencies, health care agencies/facilities)

MANAGERIAL/SUPERVISORY

Human Resources:	<ul style="list-style-type: none"> ▪ Delegates duties to non-medical staff in compliance with Law 90 (i.e. students)
Financial Resources:	<ul style="list-style-type: none"> ▪ Not applicable in this position.
Material Resources:	<ul style="list-style-type: none"> ▪ Ensures doctors/nurses medical clinics are fully stocked and maintained, and that equipment is properly disinfected and sterilized. ▪ Ensures protection and confidentiality of client medical files and sensitive healthcare information.

ENVIRONMENTAL FACTORS

Psychological and Physical Effort:	<ul style="list-style-type: none"> ▪ Manages medium to high level stress and multi-tasks daily; ▪ Uses proper ergonomic techniques to carry or lift heavy objects; ▪ Mental alertness to changing and challenging situations; ▪ Strong interpersonal mental health; ▪ May be required to intervene in precarious situations.
Working Conditions:	<ul style="list-style-type: none"> ▪ Required to participate in KZHSS administrative/operational tasks (e.g. sitting on an interview board). ▪ Required to attend professional workshops, staff meetings, workplace safety training within KZA and may be required to travel outside of the community. ▪ Variable workplace setting includes clinic, client homes, and within the community. ▪ Required to use the KZHSS vehicle. ▪ The incumbent of this position may come into contact with communicable diseases, and body fluids such as vomit, blood, spittle, urine and feces.

INCUMBENT QUALIFICATIONS	
Education and Experience	<ul style="list-style-type: none"> ▪ Bachelor's Degree in Nursing from a recognized public post-secondary University <p style="margin-left: 20px;"><i>or at a minimum:</i></p> <ul style="list-style-type: none"> ▪ College Diploma in Nursing from a recognized public post-secondary college with one year of relevant work experience. ▪ Current registration with l'Ordre des Infirmieres et Infirmiers du Quebec or eligibility to acquire immediate registration. ▪ Must take Immunization Certification course upon hiring and attend mandatory training sessions.
INCUMBENT COMPETENCIES	
Knowledge:	<ul style="list-style-type: none"> ▪ Knowledge and understanding of Indigenous health concerns and issues, and the ability to apply knowledge and skill in the development and implementation of programs to address identified needs. ▪ Knowledge of Anishinabe culture and issues affecting Anishinabe children and families in Kitigan Zibi.
Abilities:	<ul style="list-style-type: none"> ▪ Monitoring and reporting skills. ▪ Ability to communicate orally and in writing in English. ▪ Ability to manage staff and financial resources. ▪ Computer literacy skills conducive to the office environment. <p>Skills/Abilities</p> <ol style="list-style-type: none"> a. adaptability and ability to establish and sustain a multidisciplinary team approach to integrated service delivery; b. ability to apply ethics of nursing practice in decision making; c. willingness to adapt to the changing demands of the position; d. ability to demonstrate initiative, optimism, discretion, tact, self-assurance, dependability, and leadership; e. excellent interpersonal, written and verbal communication skills, including proficiency in computer applications, especially Microsoft Office; f. problem-solving and leadership skills; g. ability to maintain confidentiality and be an example of professionalism, as identified by KZHSS; h. ability to follow direction and work within the policies, procedures and the vision, mission and core values of KZHSS; and, i. ability to provide coverage to all Health programs where appropriate training has been provided and where required qualifications, skills and abilities are met. <p>NOTE: This job description is not intended to be all-inclusive. The employee may perform other related duties as required to meet the ongoing needs of the organization.</p>
Personal Suitability:	<ul style="list-style-type: none"> ▪ Discretion and diplomacy; ▪ Reliability; ▪ Ability to withstand or support emotionally-charged or potentially unpleasant and/or disturbing situations;

	<ul style="list-style-type: none"> ▪ Ability to maintain healthy professionalism and respect for staff, colleagues and clients while working in a stressful environment; ▪ Ability to establish and maintain effective working relations with multiple stakeholders. ▪ Willingness to receive updated training. ▪ Ability to work outside of work hours if required.
Certification/Licenses to maintain for duration of employment:	<ul style="list-style-type: none"> ▪ Must maintain licensing with the <i>Ordre des infirmiers et infirmières du Québec</i> and the nursing functions of the <i>Profession d'infirmières ou d'infirmiers du Québec</i>; <ul style="list-style-type: none"> ○ Each nurse must participate annually in a minimum of 20 hours of continuous education that is in direct relation to the nurse's professional practice. ▪ Valid driver's license for the duration of employment; An employee must have three years driving experience and the age of 21 in order to be an insured driver with a KZA band vehicle. ▪ Criminal record verification will be required if considered for the position. The incumbent must not possess any criminal record (s) related to working in the profession and maintain throughout employment; ▪ Must provide medical certificate of good health if considered for the position; ▪ Valid First Aid and CPR Training Certification or ability to undergo training within 3 months of being hired; ▪ Must follow all safety precautions and protocols. ▪ Prescribers license or ability to obtain prescriber's license.
Assets:	<ul style="list-style-type: none"> ▪ Ability to communicate in French ▪ Ability to communicate in Algonquin.

KZHSS

APPOINTMENT RESOURCES

SAME-DAY APPOINTMENTS AVAILABLE

IF YOU ARE ON A WAITLIST FOR A DOCTOR OR ALREADY HAVE A FAMILY DOCTOR IN THE AREA, YOU CAN ACCESS SAME-DAY APPOINTMENTS THROUGH:



GMFVG.CA (WEBSITE REFRESHES DAILY AFTER 4:00 PM)



CALL 819-892-0808 STARTING AT 8:30 AM
MONDAY TO SATURDAY

DONT HAVE A FAMILY DOCTOR?

IF YOU DO NOT CURRENTLY HAVE A FAMILY DOCTOR AND WOULD LIKE TO REGISTER FOR ACCESS TO LOCAL CLINICS:

- VISIT THE HEALTH CENTER
- BRING YOUR MEDICAL CARD

SHANNON WILL ASSIST YOU WITH REGISTRATION AND AVAILABLE RESOURCES.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL SHANNON TENASCON OUR MEDICAL OFFICE ASSISTANT



819-449-5593 ext:2100



shannon.tenascon@kza.qc.ca

THANK YOU FOR YOUR UNDERSTANDING AND COOPERATION. YOUR HEALTH AND CARE REMAIN OUR PRIORITY.





KZHSS

🚨 IMPORTANT 🚨 NOTICE TO PATIENTS

Please be advised that Dr. Leagult will not be taking any appointments from now through the entire month of May.

We have resources in place to ensure you continue receiving the care you need, including help with appointments and follow-ups.

Thank you for your understanding and cooperation. Your health and care remain our priority.

Any questions please call Medical Office Assistant Shannon Tenascon

819-449-5593 ext:2100 / shannon.tenascon@kza.qc.ca



BELT MAKING WORKSHOP

Join us to make your own belt for this upcoming powwow season with the amazing Jamie!

This workshop will be offered in 2 sessions

WEDNESDAY - MAY 27, 2026

SESSION 01
11AM-3PM

SESSION 02
5PM-9PM



REGISTER NOW!
819-449-2323



Family Wellness **Walk & Picnic**



Enjoy the
outdoors, exercise
and a picnic!
All families welcome!

Friday - May 15, 2026

12pm to 2 pm

At the community walkway by the daycare

Sandwiches, juice, water and snacks will be served.



HOSTED BY KZ SCHOOL'S SEC. 5

IN COLLABORATION WITH KZHSS SPORTS & RECREATION

VOLLEY BALL

6v6

TOURNAMENT



SATURDAY

MAY 16, 2026

16+ EVENT

KZ SCHOOL GYM

**REGISTER INSIDE THE GYM WHEN YOU ARRIVE
\$5 ENTRY FEE PER PERSON TO PLAY**

TEAMS WILL BE MADE ON THE DAY OF THE EVENT

**DOORS WILL BE OPEN AT 12:30 PM FOR PRACTICE
TOURNAMENT STARTS AT 1:00PM**

SNACKS AND DRINKS ARE PROVIDED



FAMILY WELLNESS
BINGO NIGHT
FOR FAMILIES WITH CHILDREN



WEDNESDAY - MAY 20, 2026



6:00PM TO 7:00PM



ÒDE WÌDÒKÀZOWIN ACTIVITY ROOM

Prizes for parents & children

Snacks & beverages provided

To sign up, please call Karen at Òde Wìdòkàzowin:
819-449-2323, ext. 2808





FULL CJIIC TUITION SCHOLARSHIPS AVAILABLE

For Indigenous students pursuing journalism at Carleton University

About

Because a land acknowledgement should be more than words, Carleton University is offering **three full tuition scholarships** for students accepted into the Certificate in Journalism in Indigenous Communities (CJIIC).



Apply now!:



Available to:

One student from each of the following communities:

- **Algonquins of Pikwàkanagàn First Nation**
- **Kitigan Zibi Anishinabeg First Nation**
- **Mohawk Nation of Akwesasne**



Eligibility Requirements

To be eligible, you must:

- Be a confirmed member of one of the **three eligible communities**
- Have received an **offer of admission** to the CJIIC program
- Confirmation of **Indigenous Identity**
- Provide a recent **academic record** (e.g. transcript, report card, GPA summary)
- Write a **250-word personal essay** on how you plan to use the skills gained through the certificate

Mark Your Calendars!

Applications close on
June 1, 2026



Journalism in
Indigenous
Communities



Support is here. Your story matters. Take the next step in your journalism journey.

Apply for a scholarship at: <https://forms.office.com/r/rB5KWZKyKH>



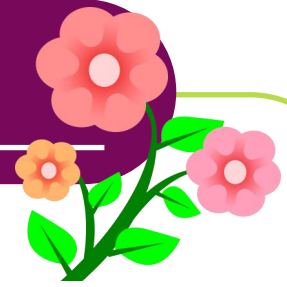
Open to Indigenous Youth Age 12-30 who are interested in learning about traditional songs

Travel support, food, and gift cards will be provided for participation; surveys are required, interviews are encouraged. Email songproject@tolive.com for more info






ODEKAN HEADSTART

MAY 2026



Wabigon Kizis - Moon of Flowers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Caregiver's Afternoon Out, Please call in the morning of by 11 am to register your child for the afternoon. 819-449-2702. Migwech!					1 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old CLOSED	2
3	4 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	5 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	6 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	7 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Curriculum prep/cleaning	8 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old CLOSED	9
10 	11 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	12 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	13 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	14 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Prep for Mother's Day evening Activity @ Hall for families of children 0-6 yrs old 4:30-6:00pm	15 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old CLOSED	16
17	18 CLOSED HOLIDAY	19 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	20 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	21 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Curriculum Prep/Cleaning/	22 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old CLOSED	23 
24	25 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	26 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	27 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Caregiver's Afternoon Out 1:00—3:00 pm Ages: 6 months-3yrs old	28 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old Curriculum Prep/Cleaning/	29 Sagabigoni Program 8:30—11:30 am Ages: 3-4yrs old CLOSED	30/31

367 Paganakomin Mikan
Maniwaki, Quebec J9E 3B1
Tel: (819) 449-2702
Fax: (819) 449-3361



Any questions contact:
Katrina Whiteduck
Odekan Headstart Coordintaor
Email: katrina.whiteduck@kza.qc.ca



Walking Out Ceremony



Dancer Initiation

Wednesday, May 13th, 2026

6:00pm-7:00pm

KZ School Gym

An open community information session for those interested to prepare you and your children for this year's Walking Out Ceremony or if you are interested in coming into the Pow-Wow Circle as a dancer and how to prepare for your Dance Initiation as a welcoming to the Circle.



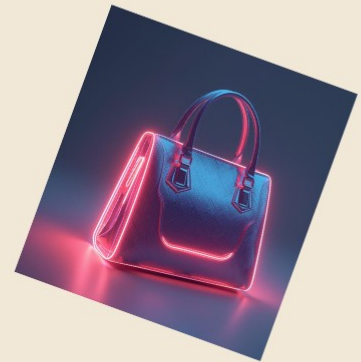


ODEKAN HEADSTART PRESENTS



MOTHER'S DAY ACTIVITY "PURSE GAME"

For families of children 0-6 yrs old



When: Thursday May 14th, 2026

Where: Community Hall Upstairs

Time: 4:30-6:00pm

Light refreshments

***Will be playing "the purse" game for children and adults. So pack a bag/purse for the kiddos too :)**

***Pack random items from around the house 😊**

***Prizes for children and adults**



For more information contact
Katrina Whiteduck @Odekan Headstart
819-449-2702 or email
katrina.whiteduck@kza.qc.ca



Name: _____

May Grammar Contest

Complete the crossword puzzle below and drop it off at the Cultural Center or email it to odaminowin2021@gmail.com before May 26th.



**RANDOM DRAW
FOR \$100 GIFT
CARD FROM KZ
STORE**



Grammar Note

A negation is used when a person is NOT doing a verb. The grammar frame is in the third person, present tense. The frame is: **KĀN** _____ **SĪ** and translates to s/he is not doing the verb.

kān ijāi	kān namadabesi	kān odaminosi	kān nibesi	kān kiwesi
kān pimosesi	kān pinchigesi	kān nimisi	kān wisinisi	kān podawesi
kān akozisi	kān minikwesi			

Across

6. S/he is not sleeping.
8. S/he is not eating.
9. S/he is not sitting.
10. S/he is not walking.
11. S/he is not drinking.

Down

1. S/he is not going home.
2. S/he is not cleaning.
3. S/he is not making fire.
4. S/he is not sick.
5. S/he is not dancing.
7. S/he is not playing.
10. S/he is not going.

HAVE YOU EVER WONDERED WHAT BAND COUNCIL DOES?

STEP INTO LEADERSHIP: GOVERNANCE 101 FOR KITIGAN ZIBI YOUTH

This 1.5-day workshop is for young people who want to better understand how governance works in our community – and what to expect if they ever choose to step into leadership.

WHAT WE'LL COVER:

- The Indian Act and how it shapes Band Council
- Elections, terms, and how leadership is chosen
- Roles of Chief, Council, and Administration
- How decisions are made (Band Council Resolutions, quorum, voting)
- Conflict of interest and accountability
- Finance, audits, and responsibilities
- What Band Council can and cannot do

WHO CAN ATTEND?

Any Kitigan Zibi youth 16+ – no registration needed!



FRIDAY, MAY 8 – SATURDAY, MAY 9



12:00PM – 4:30PM + 9:00AM – 3:00PM



COMMUNITY HALL (UPSTAIRS)

SNACKS +
MEALS PROVIDED!

This workshop is NOT connected to Chief and Council or KZHSS. It is a personal initiative, organized on my own time, as one small way I can give back to community and share knowledge in the spirit of relational accountability. Creating spaces where young people can build confidence, ask questions, and strengthen their understanding of how governance works, is important.

The Seven Fires Prophecy speaks about a time of remembering, reconnecting, and leading. We are in that time now, and I strongly believe that when we carry knowledge or experience, we also carry a responsibility to pass it forward and help build up the people coming.

FOR MORE INFORMATION, PLEASE CONTACT VICTORIA TENASCO AT V_TENASCO@HOTMAIL.COM



In loving memory of Josh Dumont, more than 50 of Josh’s family members will come together to take part in the Ottawa Tamarack Race Weekend on May 23-24, 2026. Together we will walk or run more than 250km.

To carry forward Josh’s legacy of kindness, we are raising funds for the foundation established shortly after Josh’s passing in April 2025 to support the youth of Kitigan Zibi. In addition, 50% of the proceeds raised will be set aside in an education fund for his beloved daughter, Mackenzie Dumont.

This event is a way of celebrating Josh’s life, his generosity, and the lasting impact he has on everyone who knew him.

Participant			Distance
Julian Dumont Raven Dumont-Maurice	Wyatt Dumont Samantha Dankoff	Jasmine Namagoose	21.1 km
Jane McGregor-Dumont Jack Dumont Marie-Claude Riverin	Joan McGregor Jennifer Beaudoin Yan Riverin	Julianne Dumont Eve Martin-Riverin	10 km
Gorden McGregor	Helen Cayer-McGregor	Julie McGregor	5 km
Patrick Dumont Jr. Knox Namagoose Donna Tenasco Gary Dumont Cody Tolley Skyla Dumont-Tolley Wesley Dumont-Dankoff Dorothy Dumont Oliver Dumont Dwayne Dumont-Maurice Livia Dumont-Maurice Benoit Martin Lynn Major	Mackenzie Dumont Silas Dumont Brett Dumont Jo-Ann Dumont Cyanah Dumont-Tolley Saydi Tolley Kane Dumont Chase Dumont Jasper Dumont Jackie Langelier Suzanne Dumont Josephine Helou	Cale Dumont Butch Dumont Eliana Dumont-Brazeau Jenna Dumont Everleigh Dumont-Tolley River Dumont-Dankoff Emily James Annie Lauriault Brandon Dumont Myles Dumont-Maurice Carman Terry Lance Dumont-Davis	2 km

If interested in supporting the team, a gofundme page has been created at:

<https://gofund.me/4a9029b42>

or you may also use the following QR code:



You can also contact Raven at (819) 441-7177 if interested in making a donation

Migwetch to everyone for your support!

KICHI MEGWETCH

Dear Community,

We are truly grateful for the generosity and kindness you all have shown through your recent donations. Your support means more than words can fully express, and it has made a meaningful difference.

It's inspiring to see a community come together with such compassion and willingness to help. Your contributions not only provide immediate support but also bring hope and encouragement during a time when it is deeply needed.

Thank you for standing with us, your generosity will not be forgotten.

With heartfelt appreciation,

The Family of Xavier Commanda

Megwetch

- Connie Brazeau – Cash
- Lucille Hall – Cash
- Patricia C Whiteduck – Cash
- Louise Buckshot – Cash
- KZA – Fruit, Veggies, Meat Platter
- Pamela Decontie – Moose Meat
- Rose + Mugs – Pies
- Tim Odjick – Beans
- Virginia Jerome – Shepherd's pie
- Larry + Dale – Pies
- Cathy Tenascon – Hawaiian Meatballs
- Christina Commanda – Bread and lunch meat

- Andrew + Carole- Salad
- Francine McConini – chicken

- David John Buckshot – salad
- Butch + Donna – sea pie
- Elissia Fergison- pies
- Suzie Commanda – cake + meat pies
- Joyce Lafontaine – Pies
- Becky Printup – Salads
- Tammie Clarke – Pies + dessert
- Daniel McConini + Family – Pies+ cream + Bread
- Gilbert Buckshot - Chicken
- Sandy + Serge – Deviled Eggs+ potato salad
- Jane Commanda – Pies
- Alice Tolley – beans and ham
- Jerri Lea Printup – Mac salad
- Sheldon + Verna – Pies
- Denise Dumont – Pies
- Stella Chabot – Cake
- Valerie Decontie – Cake
- Joan Dumont – Desserts
- Judy Cooko – Beans

Meal Prep

- George + Donna
- Tash

Servers

- Tash
- Elmo
- Anthony



Celebrating

THE LIFE OF
Basil Odjick

May 2, 1944 - April 19, 2026

Join us in a celebration of life for Basil. Eulogy from his grandchildren, acoustic song by grandson Lyle.

Guests are invited to share memorable moments.

Friday, May 8th - 10:00 am to 3:00 pm

Kitigan Zibi Funeral Home